

BLOOD ALCOHOL CONCENTRATION (BAC)

- **0.03%** (1 drink/hour): relaxed, feeling of exhilaration
- **0.05% 0-0-1-3 GOAL**
- **0.06%** (1-2 drinks/hour): feeling of warmth and relaxation, decrease of fine motor skills
- **0.09%** (2-3 drinks/hour): slowed reaction time, poor muscle control, slurred speech, wobbly legs
- **0.12%** (2-4 drinks/hour): clouded judgment, lessened inhibitions and self-restraint, impaired reasoning and ability to make logical decisions

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- **0.15%** (3-5 drinks/hour): blurred vision, speech unclear, unsteady walking, impaired coordination, possible blackout
- **0.18%** (5-8 drinks/hour): behavior is totally impaired, trouble staying awake, numb
- **0.30%** (8-13 drinks/hour): drunken-stupor or deep sleep
- **0.40%** (11-15 drinks/hour): coma, probable death
- **0.50%** (14-18 drinks/hour): death